

## Get Your seca Body Composition Analysis Test Today!

- Analyze your weight by measuring your body composition
- Monitor your fat and fat-free mass, skeletal muscle mass, visceral adipose tissue, intra and extra-cellular water
- Identify early indicators of various diseases
- Set your goals
- Track your progress
- Results available in a printed, easy to read analysis



## Medical Measuring Systems and Scales since 1840

### North America West

seca corp.  
13601 Benson Avenue  
Chino · CA 91710 · USA  
phone +1 800 542 7322  
fax +1 888 705 7397  
info.us@seca.com

### North America East

seca corp.  
7240 Parkway Drive, Suite 120  
Hanover · MD 21076 · USA  
phone +1 800 542 7322  
fax +1 888 705 7397  
info.us@seca.com

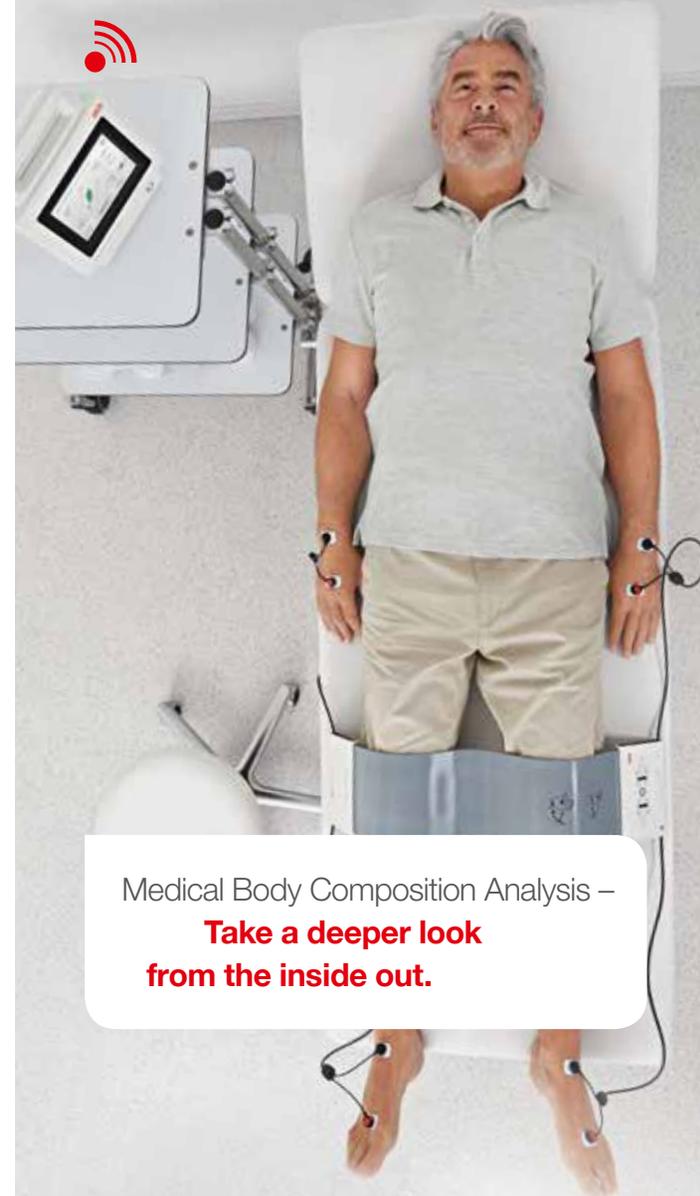
All contact data under [www.seca.com](http://www.seca.com)

201452516016

**seca**<sup>®</sup>  
Precision for health

seca operates worldwide with headquarters in Germany and branches in France, United Kingdom, North America, Switzerland, China, Japan, Mexico, Austria, Poland, UAE, Brazil, Finland and Latin America.

**new**



Medical Body Composition Analysis –  
**Take a deeper look  
from the inside out.**

**seca**<sup>®</sup>  
Precision for health

## Understanding Body Composition.



When you step on a scale and see that you've lost 3 pounds, what did you really lose? 3 pounds of fat? Muscle? Water? Measuring your body composition allows you to truly understand the changes in your weight.

Knowing how much fat you need to lose and how much muscle mass you are gaining can help tailor your diet and exercise plans to reach your goals.

Your body composition analysis will be used as a guide to help determine your ideal weight and to monitor your progress throughout our weight management program.

Receive an easy to read, one page analysis that informs you on where your health stands.



We provide our patients with the most comprehensive body composition testing on the market!

Experience a cutting-edge bioelectrical impedance analysis with the Seca mBCA 525. Our non-invasive assessment provides an in-depth analysis measuring fat and fat-free mass, skeletal muscle mass, visceral adipose tissue, intra and extra-cellular water, all at a clinical level of precision. Distinguish between muscle gain and fat loss and understand the real health benefits even when your weight remains the same.

Quick analysis only takes 30 seconds!

- FM Body Fat %:**  
 Obtain your precise body fat % to help determine your weight loss goal.
- SMM Muscle Mass %:**  
 Identify your body's ability to burn calories to help increase your resting energy expenditure.
- VAT Visceral Fat:**  
 Quantify the visceral fat volume in your abdominal region – the higher the value, the higher the risk of cardiometabolic illnesses.
- FL Fluid Levels:**  
 Monitor your fluid levels to detect edema and prevent states of dehydration.

